

## **COURSE DESIGN**

### **Empowered to Achieve Seminar:**

Individuals will be given an overview of the concept and purpose of the personal and team empowerment program. Participants will be oriented on the benefits of empowerment on both personal and professional applications.

### **Management Process Meetings:**

ADI will meet with management to process training sessions and specifically develop areas of performance improvement and implementation of change and growth. Throughout the development of the program, our facilitators will maintain contact with management to provide constructive feedback. In addition, we will provide individual attention to participants in need of special help.

### **Interactive Workshops:**

All training can be delivered at your location at the most convenient time for your work team. Each session is usually two hours in length. Six to eight sessions may be needed to turnkey the process. Specific plans will be developed during the course; the workshop format is designed to create the ideal models, evaluate the current strengths and weaknesses, take corrective action, generate the right attitudes and make the necessary commitments to produce satisfactory solutions. As a built-in maintenance system, individuals and teams will be asked to develop plans using the Empowerment Process on a continuous weekly and monthly basis.

### **Individual Coaching:**

Participants will be encouraged to call ADI between training sessions for personal coaching. Each participant will be contacted throughout the program to ensure continued self-interest and personal application.

### **On-Going Workshops and Empowerment Training:**

Each participant will receive a lifetime membership to all workshops and basic training sessions at Achievement Dynamics Institute.

### **Temperament Diversity Training:**

Each individual will receive their own temperament diversity profile with training on how to recognize and most effectively communicate with diverse temperament styles. This awareness enhances communication and the team building processes.